

Understanding & Maximizing Your Postal Benefits & Retirement



PRESENTED BY:
JONI L. MONTROY

Former HR Specialist with the USPS/Rochester NY

(Joni conducted seminars, counseled and processed postal retirements for 13 years. In her own business, she conducts seminars for the WNY Career Conference, APWU, League of PM/NAPUS conventions NALC State convention, Rochester/NY City NALC Branches, and numerous Federal Agencies.)

Open to any CSRS/FERS career employee of the United States Postal Service. Topics included in this **interactive session** will include eligibility for optional and VER retirements, how to compute your annuity, what all those numbers on your pay stub mean, how creditable service and/or annuity is affected by temporary appointments/Military time/Sub Rural Carrier time, understanding Notification of Personnel Action (Form 50), Federal Health Benefits, Life Insurance, Flexible Spending, Sick leave, Annual leave, Thrift Savings Plan (When and how can I withdraw my money), and Social Security/Medicare.

WHEN: Wednesday, April 28, 2010

WHERE: Harvey D. Morin VFW
965 Center Road; West Seneca, NY 14224

TIMES: **6:30 PM** length of program will be approximately 2 ½ hours

Cost: \$25.00 per employee; non-postal spouse \$5.00

~Seating is limited ~ you must pre-register and submit payment no later than **April 19th**.

~Please bring your pay stub, Personnel Notification of Action (Form 50) and Social Security Earnings Statement~

Visit www.keyretirementsolutions.com for registration form

Please tear on line

~ Seating is very limited ~ you must pre-register and submit payment no later than April 19th. Complete this form and send along with check or money order payable to Key Retirement Solutions, PO Box 4, Henrietta NY 14467 www.KeyRetirementSolutions.com. You will receive confirmation of reservation.

Print Name _____

Full Address _____

Phone number _____

Email address _____

West Seneca

4/28

___ I will be bringing my spouse (if spouse is an employee, please fill out registration slip)